LIFETREE MEDICAL MISSIONARY SCHOOL OF NATURAL HEALING 744 Reeds Creek Road; St. Maries, Idaho

83861

208 245-3297; <u>lifetreewellness@yahoo.com</u>

~Class Curriculum~

Why Sickness, Disease and Infections

The differences between Sickness, Disease and Infections Rightful setting of the Health Message and it's relation to the Third Angel's messages

God given remedies

The mind and the will in all of this

How to begin...

Knowledge Base (my people are destroyed for lack of knowledge Hosea 4:6)

Foundational program

Understanding Detox—Cleansing—Increasing the pH Cause to effect

Immune System

What is it Reclaiming it Maintaining it

Eliminatory Organs

Kidneys—water; alkalinizing; dehydration cycle; flushing Lungs—Fresh? Air; Posture/deep breathing patterns; Exercise Skin—Active results; Skin brushing; Cancer and the sun Liver—water; diet; stress; flushing Bowel Cleansing Initial

Dietary Principles

Nutritional Medicine

Hippocrates What God says

Maintenance

Eating for Strength—Dietary principles

Don't feed the beasties

Bacteria, yeast, molds, fermentation

No processed/refined/isolated&concentrated foods—why? No chemicals, additives, or other nonsense New Food Pyramid

Rest

Fasting—the many kinds of: what is good, effective fasting? Sleeping—scientific facts, balance of hours and timing-bodies responses

Resting—what to expect

Exercise

How to be therapeutic, where and when Constructive vs. ineffective How to breathe and why

Miscellaneous, but Most essential

Massage—What about today's modern massage techniques;

Creative Healing massage

Dentistry—What kind of amalgams do we want? Are root canals ok? Can teeth heal?

Chiropractics—Do we need it, how can I find a Chiropractor who will help me?

Water Therapy

The bodies many cries for water...

Wastes solidifying--acidosis

Symptoms: headache, constipation, muscle aches, lack of

digestion, hypertension, kidney problems degenerative disease, cancer, and the list goes on

Breaking the dehydration cycle

Re-hydrate the third space How to maintain hydration

Electrolytes

Heat stroke vs. Heat exhaustion

Hydrotherapy

Contrast

Fever

Local

Hands on learning of the various therapies